



INLAND EMPIRE HEALTH PLAN

PHARMACY TIMES

BY IEHP PHARMACEUTICAL SERVICES DEPARTMENT

November 7, 2008

Changes in Test Strips (DME) Coverage

Dear IEHP Providers,

In May 2008, IEHP modified the coverage of diabetic test strips based on the basis that frequent Self-Monitoring of Blood Glucose (SMBG) does not provide clinical values to non-insulin-dependent Type 2 diabetes¹⁻¹¹. IEHP Pharmacy & Therapeutics Subcommittee reiterates that frequent SMBG is essential for patients who are insulin-dependent. For non-insulin-dependent diabetes, annual (or biannual) A1C should be performed to monitor the blood glucose level. Please note that the following quantity limit on test strips is applied to all patients. If you believe your patients need to use more than the quantity limit indicated below for a period of time, please provide justification with the prescription.

<p>Test Strip (AccuChek)</p>	<p>Insulin-dependent diabetes: Quantity Limit: 150 per month or 400 per 90 days supply Sig: Test blood glucose level four times a day (before and after meal, before bedtime) or as needed</p> <p>Non-insulin-dependent diabetes: Quantity Limit: 50 per 90 days supply – Sig: Test blood glucose level no more than 2 times a week</p>
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