

# Checkups Help Your Child do Better in School

Studies prove it. If kids go to the Doctor, there's a good chance they'll miss fewer days of school and get better grades. So follow the chart below to see what health services your child needs based on age. For more details, ask your child's Doctor.

Health Service	Newborn		Age in Months							Age in Years										
	Birth	2-4 Days	1	2-6	9	12	15-18	24	3-4	5	6	7	8	10	11-13	14	15	16	17-20	
Talk about past health	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Measure Height, Weight and BMI	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Measure size of head	♥	♥	♥	♥	♥	♥	♥	♥												
Measure blood pressure									♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Vision Tests									♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Hearing Tests	♥								♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Developmental and Behavioral Questions	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Physical Examination	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Screening for certain diseases (Hereditary/Metabolic)	←♥→																			
Blood lead test					♥			♥												
Other Blood Tests (Hematocrit/Hemoglobin)				♥			♥	♥	←											
Urine Test					←					♥	→									
Tuberculosis Screening									♥	→										
Blood Glucose and Blood Serum										♥	→									
Talk about safety, nutrition, and parenting	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	♥	
Referral to Dentist				←																
Other Services	When to Have Them																			
Immunizations	As recommended by your Doctor to make your immunizations current																			
Sexually Transmitted Diseases (Herpes, HPV, etc.)	All sexually active males and females should be screened																			
Pelvic Exam	All sexually active females should be screened																			

♥ = What age your Doctor should do a screening or test.

←♥→ = Test or screening can be done at anytime during this age range.

Reference: CHDP and American Academy of Pediatrics 2009