



Inland Empire Health Plan

2011 Well Child Services Schedule

Screening Procedure	AGE OF PERSON BEING SCREENED																								
	Under 1 mo	1-2 mo	3-4 mo	5-6 mo	7-9 mo	10-12 mo	13-15 mo	16-23 mo	2 yrs	3 yrs	4 yrs	5 yrs	6 yrs	8 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs	18 yrs	19 yrs	20 yrs
Interval Until Next Exam	1 mo	1 mo	2 mo	2 mo	3 mo	3 mo	3 mo	6 mo	1 yr	1 yr	1 yr	1 yr	2 yrs	2 yrs	1 yr	1 yr	1 yr	1 yr	1 yr	1 yr	1 yr	1 yr	1 yr	1 yr	
HISTORY AND PHYSICAL EXAMINATION																									
Developmental History and Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Developmental Screening					●			●	●→																
Psychosocial Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Dental Assessment (3)	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Nutritional Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Anticipatory Guidance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Tobacco, Alcohol & Drug Use Assessment																									
Pelvic Exam/Pap Smear incl. GC/Chlamydia testing (1)																									
MEASUREMENTS																									
Head Circumference	●	●	●	●	●	●	●	●	●																
Height / Length and Weight, BMI	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Blood Pressure										●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
SENSORY SCREENING																									
Snellen Visual Acuity Test (2)											●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Vision - Clinical Observation	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hearing - Audiometric	●									●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hearing - Clinical Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
PROCEDURES / TEST																									
Immunizations	Administer as necessary to make immunization status current.																								
Tuberculin Test	Tuberculosis risk factor screen at each visit. TST when indicated.																								
Hematocrit or Hemoglobin (4)																									
Urine Dipstick or Urinalysis (5)																									
Blood Lead Test																									
Blood Lead Anticipatory Guidance/Risk Assessment (6)																									
Blood Glucose & Blood/Serum Cholesterol (7)																									
OTHER LABORATORY TESTS																									
VDRL or RPR, HSV	Test when health history and/or physical examination warrants																								
Gonorrhea Test, Chlamydia Test	Test when health history and/or physical examination warrants																								
Sickle Cell	Test when health history and/or physical examination warrants																								
Ova/Parasites	Test when health history and/or physical examination warrants																								
HIV	Screen all adolescents and adults at increased risk																								

NOTE: Required unless medically contraindicated or deemed inappropriate by the screening provider or refused by the person. Persons coming under care who have not received all the recommended procedures for an earlier age should be brought up-to-date as appropriate. Foster Care children must have an examination within 30 days of placement and annually which may exceed the recommended schedule.

Based on CHDP & AAP 2010
Revised 2/11

Range (●→) during which a service may be provided, and the "dot" indicates the preferred age. Must be given at indicated times (●), but also offered at other times when at risk.

- Recommended for sexually active females, females at age 21, or females within 3 years of onset of sexual activity.
- Snellen testing and audiometric testing should start at age 3 years, if possible. Clinical inspection and non-audiometric testing may be substituted if child is uncooperative.
- Refer all children for routine dental care at 1 years old, and annually thereafter.
- All infants 9-12 months must be screened. Screening should be repeated for high-risk children 15 months through 5 years. All menstruating adults should be screened annually.
- Conduct dipstick urinalysis for leukocytes annually for sexually active male and female adolescents.
- Positive risk assessments occurring anytime from 12-72 months must be followed by a blood lead test.
- Screen children with BMI > 85th percentile and with two risk factors. Screen yearly or more often if glucose and cholesterol levels are elevated.