



RIVERSIDE COUNTY

TEEN RESOURCE MANUAL

**Developed By:
Department of Public Health
Community Health Agency
Family Planning
2004
Funded By Title X**

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Anger Management

YWCA of Riverside
8172 Magnolia Avenue
Riverside, CA 92504
(951) 687-9922

This ongoing program is to help people learn how to deal with their anger. The classes are held on Wednesday from 6pm to 7pm. Fee: \$20 per session

Child Abuse

Child Protective Services (CPS)

23119 Cottonwood Avenue

Moreno Valley, CA 92553

(800) 413-5000 (8am-5pm Monday - Friday)

Initial reports, investigation, placement and referral for child abuse cases; (English/Spanish).

Several lines are available to expedite the process of abuse reporting

Child Help USA

(800) 442-4453 National Child Abuse Hotline

This is a private, non-profit agency designed to provide child abuse services. Their staff will provide crisis counseling and referral information for people who have been abused. They will also provide parenting resources/information about child abuse.

Parents Anonymous

9990 County Farm Road, Ste. 5

Riverside, CA 92503

(951) 358-4840

This is a self-help group for parents who have, or who are afraid they might, physically abuse a child. The group meets on Wednesday evenings from 7pm to 9pm. Please telephone if you are thinking of attending to set appointment.

Prevent Child Abuse America

(800) 244-5373

This organization will send information regarding tips on prevention of child abuse. Information is also available in Spanish.

S.A.F.E. (Safe Alternatives For Everyone)

28816 Pujol Street

Temecula, CA 92509

(951) 587-3900

This is a Temecula based organization, which will provide information, resources, case management, education, and support to those who have experienced, or at risk of, abuse or violence. Will serve teens throughout South Riverside County. No Fee for teen services.

Child Care

Family Services Association of Western Riverside County
3730 Elizabeth Street
Riverside, CA 92506
(951) 686-1096

Family Services Child Development Services offers both low/no cost care for families' eligible for state subsidized programs, and affordable private fee tuition for all families including infant, pre-school and school age children. Children ages 3 months to 13 years are accepted at the following locations.

Alessandro Child Care Center 23750 Alessandro Blvd Moreno Valley, CA 92553 (951)653-6100

Alvord Child Care Center 8230 Wells Ave Riverside, CA 92503 (951)637-5587

Arlanza Child Care Center 7801 Gramercy Pl. Riverside CA 92503 (951)352-2810

Box Springs Child Care Center 21250 Box Springs Riverside, CA (951)779-9784

Hemlock Child Care Center 23270 Hemlock Moreno Valley CA 92553 (951)243-3192

Rubidoux Child Center: 5765 42nd Street, Rubidoux, Ca 92509 (951) 289-7940

La Sierra Child Development Center: 4601 Pierce Street, Riverside Ca. 92515 (951) 343-0979

Mead Valley Child Development Center: 21091 Rider Street, Perris Ca. 92570 (951) 657-2889

Children's Service Unit

4011 14th Street (at Grant Elementary School)

Riverside, CA 92501

(951) 680-1247

Childcare is available year 'round from 7am-6pm. Children may be served from infancy through their elementary years. Fees change depending on child's age. Call for additional information.

Children Center of Riverside

7177 Potomac Street

Riverside, CA 92504

(951) 784-0020

Infant and preschool intervention programs to educate and perform therapy services for children with disabilities (birth through 6 yrs.). Home teaching and classroom placement is available.

Classes available for parent counseling and education.

Concilio for Spanish Speaking of the

Inland Empire

4525 Victoria Avenue

Riverside, CA 92507

(951) 683-8935

Child-care program targeting children ages 3 through 13. Focus is on child care, tutoring, self-esteem building and recreational activities.

YMCA Child Care
4020 Jefferson Street
Riverside, CA 92504
(951) 689-9622

Childcare for children aged 2 1/2 - 13 years old. They provide some scholarships and serve, among others, those involved in DPSS, RCOE, and GAIN programs. Call for information.

Counseling

ALA Teen - Corona
Corona Serenity Club
203 E. Sixth Street
Corona, CA 92880
(951) 824-1516

Provides support for adolescents of alcoholics, age 13 and older. Classes meet on Fridays at 8 p.m.

Big Brothers & Big Sisters of the Inland Empire
4025 Brocton Avenue
Riverside, CA 92506
(951) 781-7100

Matches adults with kids aged 6-16 for friendship and mentoring throughout the Inland Empire.

Center for Family Counseling
3745 McCray Street
Riverside, CA 92506
(951) 682-4733

Counseling services for child abuse, sexual abuse/rape, sexual orientation, individual, adolescent, marital and family developmental assessment. Fees are based on sliding scale, private insurance, some Medi-Cal.

Family Service Association

3634 Elizabeth Street

Riverside, CA 92506

(951) 686-3706

Available services include individual, marital, and family counseling; family anger management, domestic violence, child & spousal abuse, parenting classes. Low income programs are available. (Bilingual Services).

Mid County Mental Health (Perris Office)

1688 N. Perris Blvd. Ste. L 7 - L 11

Perris, CA 92571-4709

(951) 443-2200

This agency serves both children & adults. The following are available: individual and group counseling, crisis evaluation and referral, child abuse, parenting, socialization services. Fees: sliding scale and Medi-Cal. (Bilingual Services).

Mountain View Clinic

Paula Jean Abate, LMFT

372 North San Jacinto Avenue

Hemet, CA 92543

(951) 658-1253

Services include individual, adults, adolescents, children, marital and family therapy. Fees are based on sliding scale and Riverside County Medi-Cal.

Riverside County Rape Crisis Center

1485 Spruce Street, Ste C

Riverside, CA 92507

(951) 686-7273 (24-Hour Hotline)

Support services for sexual assault victims and their families; child abuse prevention programs for 5-18 years old; community education. (Bilingual Services). Fees: none.

Riverside County Department of Mental Health

Children's Treatment Services

9990 County Farm Road

Riverside, CA 92503

(951) 358-4840

Services for abuse victims and families, parenting, groups for individuals with abusive tendencies, information and referrals, day and outpatient treatment available (services for children 17 years of age and younger). Fees: Sliding scale, Medi-Cal, and some private insurance. Adults over the age of 18, use Crisis Outpatient Services (951) 358-4705

Riverside Psychiatric Medical Group

5887 Brockton Avenue Suite A

Riverside, CA 92506

(951) 275-8500

Individual, Family and Adolescent Therapy.

Youth Service Center
4164 Brocton Avenue
Riverside, CA 92501
(951) 683-5193

Additional locations:

6235 River Crest Road, Suite B - Moreno Valley

7477 Mission Boulevard - Jurupa

300 Buena Vista Avenue - Corona

Counseling and treatment services for substance abuse, child abuse and other family related issues. Outpatient treatment programs, includes child abuse counseling, substance counseling and general family counseling. Staff therapists and masters level interns. Prevention/intervention program provides school and community based services to 90 school sites in western Riverside County and containing a specialized gang violence prevention component. (Bilingual Services) Youth service center also offers a six-week series of Parenting Classes at the Riverside location. These parenting classes are open to the general public. There is a minimal fee (\$25 - \$45) for the parenting classes. Fees: Sliding scale (\$5 - \$60), victims of crime, private insurance.

Domestic Violence

Alternatives to Domestic Violence (Western Riverside County)

P.O. Box 910

Riverside, CA 92502

Office (951) 320-1370

Hotlines (951) 683-0829 or (800) 339-SAFE

These lines are staffed 24-hours a day and use is free of charge. If you can't get through on the (800) number it is OK to phone the other number collect. The agency will provide crisis counseling, information and referral, emergency shelter services for victims of domestic violence. There are no restrictions on age or gender of children who may stay with a parent at the shelter. There is emergency shelter for battered men, women, and their children, offices available in the Temecula/Murrieta and Corona, with extended services in the Hemet area.

Family Services Association of Western Riverside County - Clinics

3634 Elizabeth Street

Riverside, CA 92506

(951) 686-3706

Available services include individual, marital, and family counseling; family anger management, domestic violence, child & spousal abuse, parenting classes. Low income programs are available. (Bilingual Services).

Option House

P.O. Box 970

San Bernardino, CA 92405

(951) 381-3471 (24-hours)

Domestic violence shelter provides shelter and counseling to battered women and their children. Housing (temporary 45-60 days). Courthouse outreach program provides temporary restraining orders, guardian, custody visitation, and court support.

Fees: Shelter - None; Outreach - None

Educational Services

Chicano Tutorial Program

University of California, Riverside

Chicano Student Program Office, Room 229 Costo Hall

Riverside, CA 92521

(951) 787-3821

Will provide free tutorial services for children of any ethnicity, grades K-12. The office is open but no tutorial is available July, August, or September. Parent, teacher, or other school staff may refer a student. Tutor will come to classroom for sessions if requested.

Saturday Academy

University of California, Riverside

(951) 787-4576

Program designed for any student grade 4-12. Designed to boost the academic achievements of those struggling, and to provide cultural enrichment and a community of African-American scholars for those already excelling. Focus of this program is on ethnic studies, math, language arts, and computer science. Tutoring is available as is intensive preparation for SATs/PSATs.

Emergency Food and Shelter

Alternatives to Domestic Violence (Horizon House)

P.O. Box 910

Riverside, CA 92502

From Riverside area: (951) 683-0829

From anywhere else in county: (800) 339-SAFE

Call either of these 24-hour crisis lines for information about shelter for battered women & their children.

Community Assistance Program

24594 Sunnymead Blvd. Suite W

Moreno Valley, CA 92553

(951) 485-7792

Call for food or clothing (good to phone first - there are some things people need to take with them to obtain services - e.g. proof of income, proof of Moreno Valley residence, etc.). Inquire about utilities assistance available. Tuesday & Thursday 10:00 a.m. - 1:00 p.m.

Frazer Community Center

1140 W. Mill Street

San Bernardino, CA 92412

(951) 889-4424

This agency provides emergency food bags, shelter, assistance for low-income. No fees.

I Care Shelter Home
P.O. Box 749
Riverside, CA 92502
(951) 354-2273

May get a message followed by nearly a minute of beeps before you can leave a message. Shelter for single women, single women with children, and legally married men and women with children. Call for over-the-phone interview regarding eligibility. Monday - Friday 9:00 a.m. - 5:00 p.m.

Inform Riverside County
(800) 464-1123

Specialist will provide information and referrals, in English and Spanish, on the following topics: emergency food and shelter, programs that will provide assistance with childcare, community based programs for alternative sentencing, job training and placement, and programs to assist participants of the Welfare-to-Work program.

Moreno Valley Salvation Army
21300 Indian Avenue
Moreno Valley, CA 92553
(951) 924-1881

This number is for Family Services. Assistance for obtaining food, shelter, clothing, etc. is provided. There is a youth program and clubs, emergency disaster relief, and food baskets. No fees.

Arlington Temporary Assistance

10769 Hole Avenue

Riverside, CA 92505

Distribution of free groceries and clothing to needy families and individuals who reside in the Riverside Jurupa areas. Also, will provide other information and referrals to other services

Riverside Salvation Army

3695 First Street

Riverside, CA 92501

(951) 784-3571

Referral needed for clothing or food. Provides meals; groceries. Motel vouchers when funds are available. When funds are available, rental/mortgage assistance may be provided. Monday - Friday, 8:30 a.m. - 12 noon & 1:00 - 4:30 p.m.

Safe House Shelter for Teenage Runaways

9685 Hayes

Riverside, CA 92503

(951) 351-4418 24-hour telephone access

This is a shelter for runaway youth and youth in crisis (ages 12-17). If police are phoned after the shelter is contacted, they may provide transportation to the shelter. Various interventions with child and family are provided. This agency also has a Transitional Program for 18 to 21 year old, single females or males without children. These young people may live in a shelter / apartment for up to 18 months receiving assistance in reaching their educational and career goals.

Employment Services

City of Riverside

Human Resources Department

3780 Market Street

Riverside, CA 92501

(951) 826-5808

Job Hotline: (951) 826-5492

Job Hotline; Government Employment opportunities for ages 14+. No Fees

Inland Empire Job Corps Center

3173 Kerry Street

San Bernardino, CA 92405

(951) 887-6305, x230 or 240

Residential / non-residential vocational training program for youth 16-24; GED programs; college programs; ESL and limited Bilingual services.

Prototypes Employment Services

845 East Arrow Highway

Pomona, CA 91767

(951) 624-1233

A non-profit organization which will provide primarily high-risk women and their families assistance entering or re-entering the work force. The agency, assist both the employer and employee in a successful partnership.

Moreno Valley Youth Opportunity Center
23591-A Sunnymead Blvd.
Moreno Valley, CA 92553
(951) 413-3250

This agency provides services to eligible youth ages 14-21 years old. The services are provided year round and are designed to improve long-term employability. The services enhance academic and occupational learning, leadership development skills, educational advancement into post-secondary education, and employment preparation. To be eligible, applicants must be between the ages of 14 and 21, be a resident in Riverside County, and fit into one or more these categories: 1) Deficient in basic skills 2) School dropout 3) Homeless, runaway, or foster youth 4) Offender 5) Youth with special needs 6) Limited English skills 7) At risk of dropping out of school 8) Substance abuse issues 9) Low-income high school graduate who is deficient in skills, underemployment or unemployed.

Riverside County
Economic Development Agency
1151 Spruce Street
Riverside, CA 92507
(951) 955-3100

Vocational job training for eligible youth, ages 18-21. There is a year-round youth employability enhancement program. Riverside County Hire-A-Youth - is a job placement service for all Riverside County youth 16-21.

Valley Restart Center

(951) 766-7476

This program is sponsored by the Riverside County Economic Development Agency. Free job training and job placement are offered to those who are eligible. Call for additional information.
(Bilingual)

General Information

Banning Youth Center
101 E. Nicolet Street
Banning, CA 92220
(951) 849-8620

A social, recreational and educational assistance programs for youth. All programs emphasize respecting others, building self-confidence and leadership skills, and learning about the community.

Community Access Center
4960 Arlington Avenue, Suite C
Riverside, CA 92504
(951) 637-6900

Will provide various services for anyone with disabilities (whether physical or learning disabilities) including advocacy and training for self-advocacy; assistive technology; housing assistance; providing resources, information, and referral for independent living. They also have individuals that will read for the blind and peer support services. (Asian and Spanish).

Department of Rehabilitation
3130 Chicago Avenue
Riverside, CA 92507
(951) 782-6650

This agency will assist with job training and placement for those who are eligible. Call for more information.

Family Services of Western Riverside County

3634 Elizabeth Street

Riverside, CA 92506

(951) 686-1096

Services include counseling, child-care, and parenting classes and substance abuse counseling.

Riverside County

Department of Community Action

2038 Iowa Avenue, Suite B-102

Riverside, CA 92507

(951) 955-4900

This county agency services include crisis utility assistance; referrals for emergency food and shelter; job training for youth; referral to Tattoo Removal for Youth program. (Bilingual)

Health Issues

**Riverside County
Community Health Agency
Asthma Program
(951) 358-5269**

This is an education / case management program for children, birth to 18 years of age, who need assistance in managing asthma. There are no income criteria for participation in this program. Some funding is available for purchase of materials necessary for asthma management.

**California Kids
(818) 461-1400**

Primary health care insurance to undocumented children and children in foster care. Call for more information on eligibility.

**Child Health & Disability Prevention
(951) 358-5481**

Part of the county health system. Will handle periodic physicals and immunizations for some kids (birth - 18 years of age without Medi-Cal; birth - 20 years of age with Medi-Cal) or without insurance covering services. Phone for eligibility information.

**Children's Center
505 S. Buena Vista, Suite 24
Corona, CA 92880**

Free immunization clinics, parenting classes and health education for children and teens.

Inland AIDS Project
3756 Elizabeth Street
Riverside, CA 92506
(951) 784-2437
(800) 499-2437

Legal, medical, support and social services for those affected by AIDS; individual and group counseling; anonymous testing for HIV; information / education/ direct services. There is a speaker's bureau and community outreach program. (Bilingual)

Kaiser Cares for Kids Child Health Plan
(800) 255-5053

Reduced rate health / vision care coverage for children under the age of 19 years old who are otherwise uninsured. (Bilingual)

Riverside County
Community Health Agency
Maternal Child Adolescent Health (MCAH)
(951) 358-5192 or (800) 794-4814

Services provide a range of health care services through such programs as Adolescent Family Life, Black Infant Health, California Children Services, Child Health and Disability Prevention, and a Comprehensive Perinatal Service.

Help / Hotlines

California Youth Crisis Line

P.O. Box 163147

Sacramento, CA 95818

(800) 843-5200 (24-hours)

A 24-hour statewide Crisis Line providing crisis intervention counseling, youth-to-parent message services, phone connections to service providers and families, and information and referrals to youth in crisis and their families. Fees: None.

Crisis / Suicide Hotline

(951) 686-4357

Crisis intervention; suicide prevention. Staffed 24 hours a day, seven days a week.

Children of the Night

(800) 551-1300

Help for kids on the street. This agency provides outreach, hotline, counseling, and shelter for those on the streets. It is designed to rescue children for street prostitution. (Bilingual)

**Girls and Boys Town
24-hour National Hotline
(800) 448-3000**

Sometimes the demands of parenting may seem overwhelming. A parent who is isolated from other adults may face even greater challenges. The above are free and confidential hotline for isolated, stressed out parents. The hotline provides professional counselors to help deal with any type of family problem. This is also a suicide, victims, and offender's hotline as well as a referral line for drug abuse, basic needs (i.e. shelter, food), pregnancy and sexuality information. (Bilingual).

**L.A. Suicide Hotline
(877) 727-4747 Toll Free**

Crisis intervention; suicide prevention. Staffed 24 hours a day, seven days a week.

**Narcotics Anonymous
(951) 274-7364**

A self-help groups for people with substance abuse problems, meeting throughout the Inland Empire – call for specific information.

**National AIDS and Sexually Transmitted Infections Hotline
(800) 342-2437**

Discuss issues or ask questions regarding HIV/AIDS and Sexually Transmitted Infections.

National Domestic Violence Hotline
(800) 799-SAFE

The National Domestic Violence Hotline links individuals to help in their area using a nationwide database that includes detailed information on domestic violence shelters, other emergency shelters, legal advocacy and assistance programs, and social service programs.

National Gay and Lesbian Youth Hotline
(800) 347-8336

A hotline serving lesbian, gay, bisexual, transgender, and questioning youth of ages 23 years and younger. Staffed by young people from 6:30 p.m. until 9:00 p.m. and professional staffed 24 hours a day, every day.

National Hopeline Network
(800) SUICIDE (784-2433)

The National Hopeline Network provides suicide, crisis, and domestic violence service referrals for teens. Callers are routed to closest certified crisis center.

National Runaway Hotline
(800) 621-4000

The National Runaway switchboard operates a confidential hotline for runaway youth, teens in crisis, and concerned friends and family members. All services are free and available 24 hours every day.

**Rape Abuse & Incest National Network
(800) 656-HOPE**

The Rape, Abuse, Incest National Network will automatically transfer the caller to the nearest rape crisis, and concerned friends and family members. All services are free and available 24 hours every day.

**Safe Arms for Newborns
P.O. Box 1776
Yucaipa, CA 92399
(951) 797-8599**

Please tell someone you trust that you are pregnant. If you can't, you should know that there is help out there. A new law took effect in January 2001, which allows a mother of an infant - 72 hours old or younger to legally surrender her infant anonymously and without fear of criminal prosecution to an employee at any **Hospital Emergency Room, Fire Department or Police station** in the state of California. This agency is a non-profit organization that provides the same service in which you can surrender an infant and still have the opportunity up to two-weeks to reconsider your decision, and reclaim the child if so desired.

Teen AIDS Hotline

(800) 440-8336

Staffed by teenagers at the Orange County Red Cross office.

Teen Hotline

(800) TLC-TEEN (852-8336)

Young people staff this phone line so teenagers may discuss issues of concern with peers.

Legal

Court Appointed Special Advocates - Riverside

(951) 358-4382

Trained community volunteers matched with wards of the courts to represent the child's needs.

California Youth Authority

(951) 782-3214

Detention and treatment for youths, appointed by courts.

Inland Empire Latino Lawyers Association

2060 University, Room 113

Riverside, CA 92507

(951) 369-3009

Free clinics are offered for people with low incomes. Clinics are offered only on certain days so please telephone ahead for information. Phones are answered M-F from 1-3:30 p.m. You'll have to persist - the lines are often busy.

Inland Empire Legal Services

1120 Palmyrita Avenue

Riverside, CA 92507

(951) 683-7742

Legal services available, fees based on sliding scale. Bilingual personnel on staff.

Juvenile Hall Riverside County

3933 Harrison Street

Riverside, CA 92506

(951) 358-4200

Detention and treatment for juveniles, ages 11-18.

Legal Aid

354 W. 6th Street

San Bernardino, CA

(951) 889-7328

Help in all family and civil law matters. Consultation with an attorney on any legal matter is available. Call for an appointment. This is a service for clients with low income and donations are accepted.

Public Defenders Office

4200 Orange Street

Riverside, CA 92501

(951) 955-6000

This agency handles criminal cases when appointed by the court. Call for referral information.

Riverside County
Department of Child Support Services

Riverside: (951) 955-4100

Blythe: (760) 921-7974

Indio: (760) 863-7100

San Jacinto: (951) 791-2000

The Department of Child Support Services to help the families and children of our community get needed support to which they are entitled. The office will at no cost to all families: Locate parents, establish and modify child support orders, establish medical support orders, establish paternity orders, and enforce child support and medical support orders. (Bilingual).

Victim-Witness Assistance

(951) 955-5450

This agency will help victims of violent crime and their families. They will also provide services such as court support for witnesses of violent crimes. Good referral resource for support groups, etc. These people will also assist with completing paperwork for the Victims of Violent Crime Program which helps victims get funding for counseling, medical, and other services.

Mental Health

FACT of Corona (Family, Adolescent, & Children's Treatment)

(951) 273-0608

Provides Intensive outpatient mental health treatment services (individual, group, family counseling). Accepts all insurance, Medi-cal, and/or sliding scale as appropriate.

Family Services of Western Riverside County

3634 Elizabeth Street

Riverside, CA 92506

(951) 686-1096

They office a wide array of services throughout Riverside County; including mental health counseling, child-care, program specific transportation, parenting classes and substance abuse counseling. Specific mental health programs are Student training in Anger Management, Child Abuse Treatment, Family Anger Management, and Kinship Support Services.

Moreno Valley Children's Interagency Program

23119 Cottonwood Avenue, Building A, Suite 110

Moreno Valley, CA 92553

(951) 413-5678

Serves residents of Moreno Valley. This agency runs various groups for children and is designed to aid in the enhancement of parenting skills. They also do individual counseling. Please telephone regarding eligibility for services.

**NAMI Inland Valley
Shepherd of the Hills
6080 Haven Avenue
Alta Loma, CA
(951) 899-3093**

Support groups for individuals, families, and friends of those suffering from mental illness conditions such as anxiety disorders and depression.

Parenting / Parenting Classes

Family Service Association

3634 Elizabeth Street

Riverside, CA 92506

(951) 686-3706

Available services include individual, marital, and family counseling; family anger management, domestic violence, child & spousal abuse, parenting classes. Low income programs are available. (Bilingual Services).

Riverside County Office of Education

3939 Thirteenth Street

Riverside, CA 92502

(951) 826-6613

A Comprehensive Child Development Program for children 3-5 years. Active parent participation in program operations. Identification of families' strength and areas of need, in all areas. Formulations of family partnerships foster sufficiency and social competence.

**Loma Linda University
Marriage and Family Therapy Clinic
164 West Hospitality Lane, Suite 5
San Bernardino, CA 92408
(909) 558-4934**

Individual, child, marriage and family counseling; child abuse, parenting, divorce, stress management, eating disorders and substance abuse. Fees based on sliding scale.

**Open Doors: Parent / Caregiver Support Group
YMCA of Riverside
4020 Jefferson Street
Riverside, CA 92506
(951) 358-3622**

This support group is for parents & caregivers of children who are experiencing difficulty with mental health / emotional / behavioral problems. The group meets on the 4th Friday of every month from 6 to 8 p.m. Daycare provided for \$2 per hour per child.

**Riverside Community College
Early Childhood Studies Department
4800 Magnolia Avenue
Riverside, CA 92506
(951) 222-8000**

Childcare and educational program for infants through 5 years pre-kindergarten. Childcare fees are based on a monthly rate. See college schedule for current fees for college courses.

**Riverside County
Community Health Agency
Public Health Nursing
4065 County Circle Drive
Riverside, CA 92506
(951) 358-5438**

In-home services include assessment, guidance, counseling, teaching, intervention, referral and family case management in child health, perinatal, postpartum, family planning, parenting education, high-risk pregnancy, high risk infant, child abuse prevention, communicable diseases, infant death, drug exposed infant, home birth/newborn screening follow-up, domestic violence, teen parenting, group parenting education classes are provided in many locations. Fees are not charged for most services.

**Riverside County Office of Education
3939 Thirteenth Street
Riverside, CA 92502
Parenting Skills - P.R.I.C.E (951) 826-6884**

If you are Riverside County resident with a child from the ages of 1-5 years of age and seeking parenting classes, the Riverside Office of Education has sessions available in Riverside and Indio. Call Riverside location for more information or to schedule class at either location. Fees: A 6 week course registration: \$10 individual and \$15 per couple. Free childcare is provided for the participants with children 3 and older.

YWCA of Riverside County
8172 Magnolia Avenue
Riverside, CA 92504
(951) 687-9922

Parenting and Co-parenting classes are available. Parenting classes are developed for those parents with children from infancy to adolescents. This program is designed to fine-tune or develop parenting skills. The focus is on parental responsibility. Co-parenting classes are for those unmarried or separated parents to assist them in working together to raise their children. Parenting class fees and schedule: Friday 6:00 - 8:00 p.m. (6 weeks) Fee is \$50. Co-parenting class fees and schedule: Monday 6:00 - 9:00 p.m. Fee is \$25 per person, per session. This is a court-approved program. United Way funding available for those that qualify. Call Riverside office for more information or to schedule appointment.

Pregnancy

Adoption by Choice

27475 Ynez Road, Suite 339

Temecula, CA 92591

(800) 676-3163

This is a private adoption facilitation service. They will drive to the Riverside area. All services are free to the birth parent.

California school Age Families Education (Cal-SAFE)

(951) 826-6504

This program is for teen mothers, or mothers-to-be. Young women attend school bringing their baby along. Childcare is provided at the school site. Call for additional information.

Family Planning Associates

3950 Pierce, Suite G

Riverside, CA 92505

(951) 359-1522

Family Planning, pregnancy testing, pregnancy and birth control counseling, abortion services, education, information, and referral. Fees: Medi-Cal, private insurance, \$5.00 pregnancy testing.

Independent Adoption Center
5777 W. Century Blvd. Ste. 1240
Los Angeles, CA 90045
(800) 877-OPEN

This agency will provide pregnancy counseling; open adoption services; and public education on pregnancy and adoption issues. There are no charges to the birth mother.

March of Dimes
3600 Lime Street, #211
Riverside, CA, 92501
Phone: (951) 341-0903

It is a local non-profit organization dedicated to improving the health of babies by reducing birth defects and infant mortality. Their website maintains useful public education tools, a fact sheet about the challenges of teen pregnancy. (www.modimes.org)

Planned Parenthood
3772 Tibbits, Suite A
Riverside, CA 92506
(951) 682-8540

Confidential pregnancy testing and counseling, birth control, annual exams, pap smears, gynecological exams, diagnosis and treatment of sexually transmitted infections, HIV testing and counseling, and abortion services.

Pregnancy Counseling Center
1411 Rimpau, Suite 110
Corona, CA
(951) 735-5035

A ministry of Crossroads Christian Church; provides educational programs on teen pregnancy, open adoption and parenting education. Post abortion Syndrome counseling is available.

Riverside Community Hospital
4445 Magnolia Avenue
Riverside, CA 92501
(951) 788-3000

There is a full range of medical health services, family birthplace, and physician referral service. Call for more information. Fees do vary depending on the services.

Riverside County
Community Health Agency
Child Health and Disability Prevention Program
4065 County Circle Drive
Riverside, CA 92506
(951) 358-5481

In the county clinics they will provide complete physical examinations and immunizations for children and adolescents. Free to qualified children / adolescents, Medi-Cal accepted. (Bilingual)

**Riverside County
Community Health Agency
Department of Family Planning
4065 County Circle Drive
Riverside, CA 92506
(888) 728-1113**

Family Planning program provides confidential services free through Family PACT for those individuals under the age of 19. Services include male and female yearly examinations, pregnancy testing and counseling, birth control methods, emergency contraception, breast exams, pap-smears, screening and treatment of sexually transmitted infections, HIV testing and counseling, hepatitis-B immunizations, male and female sterilizations, education, information and referrals. For a clinic nearest you call the toll free number. (Bilingual)

**Riverside County
Community Health Agency
Department of Maternal Child Adolescent Health
4065 County Circle Drive
Riverside, CA 92506
(800) 794-4814**

Adolescent Family Life Program is a case management service for young women who are under 18 and pregnant and / or parenting. They are eligible to participate in the program until they are 20.

**Riverside County
Community Health Agency
Department of Maternal Child Adolescent Health
4065 County Circle Drive
Riverside, CA 92506
(800) 794-4814**

Cal-Learn Program is a financial incentive and supportive program for pregnant and / or parenting teens under the age of 19 who receive AFDC. Supportive services (such as help with obtaining appropriate clothing for school, transportation, and childcare) to help mothers enroll in and attend school are provided. (Bilingual)

Rape Emergency Services

Alternatives to Domestic Violence

(951) 683-0829

(800) 339-SAFE

ADV offers a multitude of services and programs that are working to reduce domestic violence. If you have any questions contact the office for more information.

Date Rape - Sexual Assault

1485 Spruce Street, Suite C

Riverside, CA 92507

(951) 686-7273

Provide emotional support during hospital exams. Help seek medical attention, make contact with police officials.

HELP-Line

P.O. Box 5376

Riverside, CA 92517

(951) 686-HELP

HELP-Line is a free, confidential Crisis / Suicide Intervention services. Counselors who have successfully completed crisis / suicide training answer the phones 24-hours a day. Use HELP-Line when you are feeling overwhelmed by a situation or perhaps considering suicide. One call gives

you information on services to meet your needs: child-care, mental health, drug and alcohol counseling, legal services and family planning. Bilingual counselors are available.

Rape, Abuse & Incest National Network (RAINN)
(800) 656-HOPE

The rape, abuse, Incest National Network will automatically transfer the caller to the nearest rape crisis center, anywhere in the nation. It can be used as a last resort if people cannot find a domestic violence shelter.

Riverside Rape Crisis Center
1485 Spruce Street, Suite C
Riverside, CA 92507
(951) 686-RAPE (24-hours)

Emergency services and support for victims of sexual assault and their families. Will accompany victims to Riverside Regional Medical Center. It provides 24-hour crisis line support for rape victims, teen violence prevention program, and services for youth. Free self-defense classes are offered throughout the year. Call for more information.

Riverside Regional Medical Center
26520 Cactus Avenue
Moreno Valley, CA 92555
(951) 486-5642

Emergency services for rape victims and their families.

Recreational Activities

Boys Scouts of America

1230 Indiana Court

Redlands, CA

(951) 825-8844

A youth development program developed for first grade through age 18.

Corona Parks and Recreation

815 W. Sixth Street

Corona, CA

(951) 736-2241

City of Corona offers assistance for low-income families through PAYS program and YAP (Youth Activity Program) for individuals who are interested in participating in programs. Youth sports leagues also available. Fees vary.

Riverside Parks and Recreation

3936 Chestnut

Riverside, CA 92501

(951) 826-2000

City of Riverside has programs available for youth under the age of 18. There is a summer food program, which will provide to those under age 18 a free meal. The Teen Scene gives youth the

opportunity to hang out and listen to music, play games, and meet new friends in a safe environment. There is also the free use of computers. Free exercise programs are also available.

YWCA of Riverside
8172 Magnolia Avenue
Riverside, CA 92504
(951) 687-9922

Fitness programs, self-defense, karate classes, etc. Fees vary for all programs.

4-H Youth Development Program
21150 Box Springs Road, Suite 202
Moreno Valley, CA 92557
(951) 784-2505

Volunteer adult –led special interest groups for youth ages 5-19. Fees: \$22.50 per year.

Runaway Services

Children of the Night

(800) 551-1300

Help for kids on the street. This agency provides outreach, hotline, counseling, and shelter for those on the streets. It is designed to rescue children for street prostitution. (Bilingual).

National Runaway Switchboard

(800) 621-4000 (24-hour line)

Can assist runaways with places to stay or ways to get back home. A message center to allow for the exchange of messages between a youth who has run away and her/his parents is also available. Short-term crisis intervention may also be provided.

Safe House Shelter for Teenage Runaways

9685 Hayes

Riverside, CA 92503

(951) 351-4418 24-hour telephone access

This is a shelter for runaway youth and youth in crisis (ages 12-17). If police are phoned after the shelter is contacted, they may provide transportation to the shelter. Various interventions with child and family are provided. This agency also has a Transitional Program for 18 to 21 year old, single females or males without children. These young people may live in a shelter / apartment for up to 18 months receiving assistance in reaching their educational and career goals.

Self-Defense

Riverside Rape Crisis Center

1485 Spruce Street, Suite C

Riverside, CA 92507

(951) 686-RAPE (24-hours)

Free self-defense classes are offered throughout the year. Call for more information.

YWCA of Riverside

8172 Magnolia Avenue

Riverside, CA 92504

(951) 687-9922

Fitness programs, self-defense, karate classes, etc. Fees vary for all programs.

Sexual Abuse Intervention

Adolescent Sex Offenders Group

Riverside County

Mental Health for Children

(951) 358-4840

On-going group counseling working with adolescent sexual offenders. Fees are on a sliding scale and Medi-Cal is accepted.

Mid-Counties Inter-Agency

Sexual Abuse Treatment Program (MIDSTEP)

(951) 413-5012

Provides services for those living in Perris or Moreno Valley. Group treatment for victims of intra-familial incest. Call for further information.

Substance Abuse

Action

(800) 282-5660

This is a crisis line for adults and adolescents, generally those who have substance abuse issues. The people who staff this line will provide referral information about in-patient and outpatient resources. There are charges for in-patient and some other services.

Al-Anon / Ala-Teen

1012 East Cooley Drive, Suite J-2

Colton, CA 92324

(951) 824-1516

A self-help group for friends and relatives of problem drinkers and children / teenagers who have been or are being affected by someone else's drinking; meetings throughout the Inland Empire – call for specifics. Fees: None

Alcoholics Anonymous

Inland Empire Office

1265 North Mount Vernon

Colton, CA 92324

(951) 825-4700

A self-help group for people experiencing difficulty due to their use of alcohol; meetings throughout the Inland Empire- call for specifics. Fees: None

**Casa Blanca Home of
Neighborly Services
7680 Casa Blanca Street
Riverside, CA 92504
(951) 688-3043**

General neighborhood center; drug abuse prevention; emergency food assistance for Casa Blanca residents; After school programs; Head Start pre-school programs; health information and youth intervention services.

**Cocaine Anonymous
(951) 359-3895 (24-hours)**

Meetings are held in Riverside, CA as well as other places. Call for further information. Fees: None.

**Knollwood Psychiatric and
Chemical Dependency Center
5900 Brocton
Riverside, CA 92506
(951) 275-8400**

Inpatient psychiatric care; inpatient and outpatient chemical dependency; partial hospital program. Fees: Most insurance, Medi-Cal / Medi-Care. (Bilingual).

MFI Recovery Center for Women
7223 Magnolia Avenue
Riverside, CA 92504
(951) 780-2541

Day treatment program, perinatal day treatment program – For women who are pregnant or parenting. Outpatient services for chemically dependent women. The program is four days weekly for 6-9 months. All services include, child care are offered at no cost to the participant. Services include individual and group counseling. Crisis intervention and family counseling. Parenting education, relationship and relapse prevention, and self-esteem groups. Fees: Medi-Cal, Private Pay \$75/day Residential. Day treatment Medi-Cal or no cost. Call for further information for services at other facilities.

Riverside County Department of Mental Health
Substance Abuse Program
3925 Orange Street
Riverside, CA 92501
(951) 955-2105

Additional Locations:

1005 N. State Street, Hemet (951) 765-1551
41002 County Center Drive, Temecula (951) 694-5055
68615 Perez Road, Cathedral City (760) 770-2222
83-912 Avenue #6, Indio (760) 347-0754

1267 West Hobsonway, Blythe (760) 921-7870
623 North Main Street, Corona (951) 737-2962
1777 Atlanta, Riverside (951) 778-3500

Outpatient drug abuse counseling for individuals and families; perinatal day care; methadone treatment; dual diagnosis; parenting classes; evaluation and referral to social model detox and residential treatment.. Fees: Sliding scale, Medi-Cal. (Bilingual).

Smart Recovery
(951) 275-8275

Secular groups for referral and self-help for chemical or food dependency.

Perris Drop-In Center
236 E. 3rd Street, Suite B
Perris, CA 657-2960
(951) 657-2960

Recovery program, substance abuse prevention and treatment program. Outpatient treatment. Fees are on a sliding scale and Medi-Cal is accepted. This is not a 12-step program although some are held at this site and referral information can be provided.

Valley Wide Recreational and Park District
Outreach Service
901 West Esplanade Avenue

San Jacinto, CA 92581
(951) 652-1244

Chemical dependency counseling, 16-session outpatient treatment program for adolescents, urine drug screens, juvenile diversion for first-time offenders, outreach program, anger-management, crisis intervention (24-hours, teen pregnancy prevention. Fees: Some services free; others sliding scale.

Suicide Prevention and Intervention

Help-Line

(951) 686-HELP

24-hour crisis intervention; information; referral; suicide prevention. Fees: None

Riverside County Department of Mental Health

Children's Treatment Services

9990 County Farm Drive, Suite 5

Riverside, CA 92503

(951) 358-4840

Services for abuse victims and families, parenting, groups for individuals with abusive tendencies, information and referrals, day and outpatient treatment available (services for children 17 years of age and younger). Fees: Sliding scale, Medi-Cal, and some private insurance. Adults over the age of 18, use Crisis Outpatient Services (951) 358-4705.

Riverside County Department of Mental Health

Emergency Treatment Services

9990 County Farm Drive, Suite 4

Riverside, CA 92503

(951) 358-4881

Emergency treatment services; entrance point to evaluate the need for inpatient psychiatric treatment services – all ages. Riverside County is committed to provide quality services to all clients regardless of ability to pay