



**Would you like more information?** You are always welcome to contact us.

Whether you need information about IEHP or one of our no-cost Member services like our *Doctor-2-Doctor* no-hassle referral program or our After-Hours Nurse Advice line, please feel free get in touch.

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You can also visit our company Web site at [www.iehp.org](http://www.iehp.org) for the newest press release. You will also find a complete list of all our press release dating back to our beginnings in 1996. The Web site also provides you with details about IEHP, how we got here and what we do for our Members.

From [www.iehp.org](http://www.iehp.org), you will have direct access to the Web sites for IEHP's two superheroes: **Rad Rider Safety Cyclor** and **The Eradicator, superhero against smoking**. Each of our superheroes makes numerous public appearances throughout the community to help teach young people and their families about the importance of bicycle safety and about the risks of smoking.