



INLAND EMPIRE HEALTH PLAN

PHARMACY TIMES

BY IEHP PHARMACEUTICAL SERVICES DEPARTMENT

September 23, 2008

9/25/08 CORRECTION – VERAMYST IS NON FORMULARY

Attention: Pediatric Providers

IEHP Pharmacy & Therapeutic Subcommittee Changes Summary

FORMULARY AT A GLANCE		
Non-Formulary Drug	Formulary Alternative	Comments
Singular (montelukast)	Asthma- any standalone inhaled corticosteroids Allergic Rhinitis- 1 st line: Flonase (fluticasone) 2 nd line: Claritin (loratadine) or Zyrtec (cetirizine)	Asthma- NHLBI Guideline continues to recommend low-mid potency inhaled corticosteroids to be used first, including the children 0-4 years of age. Allergic Rhinitis- Latest clinical studies and guideline reiterated that nasal corticosteroids should be used as the first line therapy. Combination therapy- singular + 2 nd antihistamine is not superior to nasal corticosteroid alone.
Nasonex (mometasone) Veramyst (fluticasone)	Flonase (fluticasone)	No clinical differences between mometasone vs. fluticasone.
Advair (fluticasone/salmeterol)	Any inhaled corticosteroids including Asmanex, Azmacort, Flovent, Pulmicort, and QVAR	The combination ICS + LABA should be used after failure of ICS. ICS works as effective as this combination.

Aciphex (rabeprazole)	Prilosec OTC or generic omeprazole	All PPIs appeared to be equally efficacious. Prilosec OTC or omeprazole should be used up to 2 times a day for 2 months before switching to another agent.
Prevacid (lansoprazole)		
Protonix (pantoprazole)		
Vyvanse (dextroamphetamine)	Adderall/ Adderall XR (amphetamine/dextroamphetam ine) Concerta, Metadate CD, Ritalin LA (methylphenidate)	Vyvanse is a prodrug (converted to dextroamphetamine and absorbed from the GI tract). Based on the pharmacokinetic trials, Vyvanse has a similar time- concentration profile to Adderall XR. Vyvanse is reserved for patients who have may have drug abuse potential.