

Revised: August 2007
Approval: WPA

Newborn Child Coverage

Benefit Coverage

Newborn examinations and nursery care are covered while the mother is hospitalized.

Examples of Covered Benefits

1. Medically necessary nursery care for the baby while the mother is hospitalized.
2. Medically necessary nursery care when the baby is ill, i.e., Neonatal Intensive Care Unit, and needs to remain in the hospital for medical reasons after the mother is discharged.

See: Periodic Health Examinations

Nutritional Supplements and Special Formulas

Benefit Coverage

1. Outpatient Nutritional Supplements
 - a. For children under age 5, routine formulas can be obtained through the Women, Infants, and Children Program (WIC). By submitting a special request form to WIC, a provider may request a non-contracted formula needed because of intolerance problems. Individuals not eligible for WIC must purchase routine formulas at their expense.
 - b. Special formulas for infants, such as Nutramigen and Pregestimil, will be provided through IEHP contracted pharmacies. Nutritional supplements can be obtained under the pharmacy benefit by submitting a Pharmacy Exception Request (PER) accompanied by the IEHP Nutritional Evaluation Form (attached).
 - c. Nutritional supplements, such as Ensure, Sustacal, etc., for any Member requires prior authorization and will be provided through IEHP contracted pharmacies. Nutritional supplements can be obtained under the pharmacy benefit by submitting a PER accompanied by the IEHP Nutritional Evaluation Form (attached).
2. Inpatient Nutritional Supplements
 - a. Nutritional supplements for treatment during hospital acute care or inpatient extended care, including those provided at time of discharge, are covered by the formulary of the hospital and are the financial responsibility of the Member's assigned hospital.

Benefit Exclusion

1. Routine formulas are not covered by IEHP.
2. Nutritional supplements are not covered on the IEHP Formulary unless medically necessary and not obtainable through WIC.
3. Nutritional supplements are not covered unless prior authorization is obtained through the PER process including the completion of the IEHP Nutritional Evaluation Form (attached).

Nutritional Supplements and Special Formulas (continued)

Examples of Covered Benefits

1. Nutritional supplements covered under the IEHP Formulary when prescribed by a licensed practitioner and meeting IEHP prior authorization requirements.

Examples of Non-Covered Benefits

1. Outpatient nutritional supplements without prior authorization.
2. Nutritional supplements available through WIC.
3. Nutritional supplements requested by patient as patient preference.
4. Routine formulas for infants or children.



INLAND EMPIRE HEALTH PLAN

INFANT NUTRITIONAL EVALUATION FORM

TO BE COMPLETED BY PRESCRIBING PHYSICIAN ONLY
PLEASE FAX THIS FORM TO (909) 890-2058

Member Name: _____ **IEHP ID #:** _____

Member DOB: _____ **Nutritional Supplement Requested:** _____

Normal Infant Formula are not covered (covered thru WIC, to find the nearest WIC local agency, please call California State WIC Branch at 1-888-942-9675; County of Riverside Health Services Agency, Department of Public Health: 800-455-4942; San Bernardino County Department of Public Health: 909-387-8301).

Please provide information below:

- If member needs Infant Formula due to medical conditions, please specify and provide documentation:

- ICD-9: _____
- Hypoallergenic **infant formula** (Alimentum, Nutramigen) will only be covered if soy-protein based formula has been tried, and with documented allergic symptoms:

- This baby has tried other infant formula _____ before and failed.

Please note that most infant formula requests are covered up to 1 year of age unless it is medically necessary (documentation required). Weight must be less than 25% of the median weight for age.

1. What is your estimate of the duration of need for the requested nutritional product by this patient?

2. How many cans/bottles/packets will this patient require per day/week/month? _____ per _____
3. What is the patient's current height and weight? **Height:** _____' _____" **Weight:** _____lbs.
 - a. Weight: _____% of median weight (weight must be less than 25% of the median weight for age)
 - b. Please document this patient's most recent weight loss.
 - c. How much weight lost: _____lbs. Over what period of time: _____
4. Other comments: _____

Physician Signature: _____ Date: _____

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303 E. Vanderbilt Way, Suite 100, San Bernardino, CA 92408
FAX (909) 890-2058

Revised 7/08



INLAND EMPIRE HEALTH PLAN

ADULT NUTRITIONAL EVALUATION FORM

TO BE COMPLETED BY PRESCRIBING PHYSICIAN ONLY
PLEASE FAX THIS FORM TO (909) 890-2058

Member Name: _____ **IEHP ID #:** _____

Member DOB: _____ **Nutritional Supplement Requested:** _____

Please provide information below:

- If member needs ADULT NUTRITIONAL SUPPLEMENT due to medical conditions, please specify and provide documentation:

- ICD-9: _____

- Please explain why normal diet is not sufficient.

Please note that most adult nutritional supplement requests are covered only with medical conditions (documentation required) that may cause extensive weight loss. Weight must be less than 25% of the median weight for age, or BMI < 18 kg/m².

1. What is your estimate of the duration of need for the requested nutritional product by this patient?

2. How many cans/bottles/packets will this patient require per day/week/month? _____ per _____

3. What is the patient's current height and weight? **Height:** _____' _____" **Weight:** _____ lbs.

a. Weight: _____% of median weight or BMI = _____ kg/m² (weight must be less than 75% of the median weight for age, or BMI < 18 kg/m²)

b. Please document this patient's most recent weight loss.

c. How much weight lost: _____ lbs. Over what period of time: _____

4. Other comments: _____

Physician Signature: _____ Date: _____

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