



*We heal and inspire the human spirit.*

**To:** All PCPs

**From:** IEHP – Provider Relations

**Date:** March 3, 2023

**Subject:** **Encouraging Sexual History Taking for Patient Care and Partner Services**

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Dear Healthcare Providers,

At Inland Empire Healthcare Plan (IEHP), our mission to heal and inspire the human spirit is at the core of everything we do. We are committed to addressing health disparities and inequities in our communities by bridging the gap in clinical outcomes.

With the rise of Sexually Transmitted Infections (STIs) in the Inland Empire, we believe that talking with Members about their sexual history is a crucial step in curbing the wave of new infections.

#### **Why take a Sexual History?**

- Allows for early intervention and treatment, especially for HIV and syphilis.
- Can have a **significant impact** on overall health and well-being.
- Assists physicians in reporting to local health departments for follow-up with patient partner services, including contact tracing and anonymous notifications. \*

\*It is important to share with Members that their sexual history is kept confidential and partners are notified anonymously.

We understand taking a sexual history may not be a comfortable conversation for some patients, but it is important to remind patients it is a routine part of their care.

Addressing the rise of STIs in our communities is something we can't do alone. It's crucial as a health system that we work together to make a difference in the lives of our members throughout the Inland Empire.

If you have any questions or concerns about taking a sexual history, please reach out to our education team for support. We appreciate your commitment to providing the highest level of care to your patients and working with us to prevent the spread of STIs in the IE.

As a reminder, all communications sent by IEHP can also be found at:

[www.iehp.org](http://www.iehp.org) > For Providers > Plan Updates > Correspondence

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email [ProviderServices@iehp.org](mailto:ProviderServices@iehp.org)