



IEHP UM Subcommittee Approved Authorization Guideline			
<b>Guideline</b>	Personal Care and Homemaker Services	<b>Guideline #</b>	UM_CSS 13
		<b>Original Effective Date</b>	7/1/2023
<b>Section</b>	Community Support Services	<b>Revision Date</b>	

### COVERAGE POLICY

- A. Personal Care Services and Homemaker Services provided for individuals who need assistance with Activities of Daily Living (ADLs) such as bathing, dressing, toileting, ambulation or feeding. Personal Care Services can also include assistance with Instrumental Activities of Daily Living (IADLs) such as meal preparation, grocery shopping, and money management.
- B. Personal Care and Homemaker programs aid individuals who could otherwise not remain in their homes and be at risk of institutionalization or hospitalization: or
  - 1. Individuals with functional deficits and no other adequate support system: or
  - 2. Above and beyond any approved county In-Home Supportive Services (IHSS) hours when additional hours are required and if IHSS benefits are exhausted; and
  - 3. As authorized during any IHSS waiting period (Member must be already referred to IHSS); this approval time period includes services prior to and up through the IHSS Services application date; or
  - 4. Members not eligible for IHSS, to help avoid a short-term stay in a skilled nursing facility (not to exceed 60 days)
- C. Services include those services provided through the IHSS Program including house cleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming, and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired. Services also include help with tasks such as cleaning, laundry, and grocery shopping.

### COVERAGE LIMITATIONS AND EXCLUSIONS

- A. The service cannot be utilized in lieu of referring to IHSS.
- B. If a Member receiving Personal Care and Homemaker services has any change in their current condition, they must be referred to IHSS for reassessment and determination of additional hours. Members may continue to receive the Personal Care and Homemaker Services Community Support during the reassessment waiting period.
- C. Community supports shall supplement and not supplant services by the Member through other state, local or federally funded programs.

### DEFINITION OF TERMS

Institutionalization – the state of being placed or kept in a residential institution.

## **REFERENCES**

State of California-Health and Human Services Agency, Department of Health Care Services, January 2023. Medi-Cal Community Supports, or In Lieu of Services (ILOS), Policy Guide. Community Supports -Service Definitions

## **DISCLAIMER**

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