

## What is substance use disorder?

A substance use disorder (SUD) is a disease that can negatively affect your whole life.

Living with a SUD leads to uncontrollable use of alcohol and/or other drugs, despite negative and painful consequences. A person's genes, peer pressure, emotional distress, anxiety, depression, and environmental stress can all be factors.

Common problems with SUD are often health, disability, money and/or failure to meet responsibilities at work, school, or home.

The good news is that someone with a SUD can recover with the help of professionals. Call us for more information.



## Get Started

For services, visit SARC at  
850 E. Foothill Blvd., in Rialto or call  
(800) 968-2636.

For 24/7 access to  
behavioral health services,  
call (888) 743-1478  
In an EMERGENCY, call 9-1-1.

If you speak another language,  
language assistance services are  
available to you free of charge  
by dialing (888) 743-1478  
(TTY users dial 7-1-1.)

DBH complies with applicable  
federal, civil rights laws and does not  
discriminate on the basis of race,  
color, national origin,  
sex, gender identity, age, disability,  
or limited English proficiency.



**BEHAVIORAL HEALTH**  
621 E. Carnegie Dr., Ste. 210  
San Bernardino

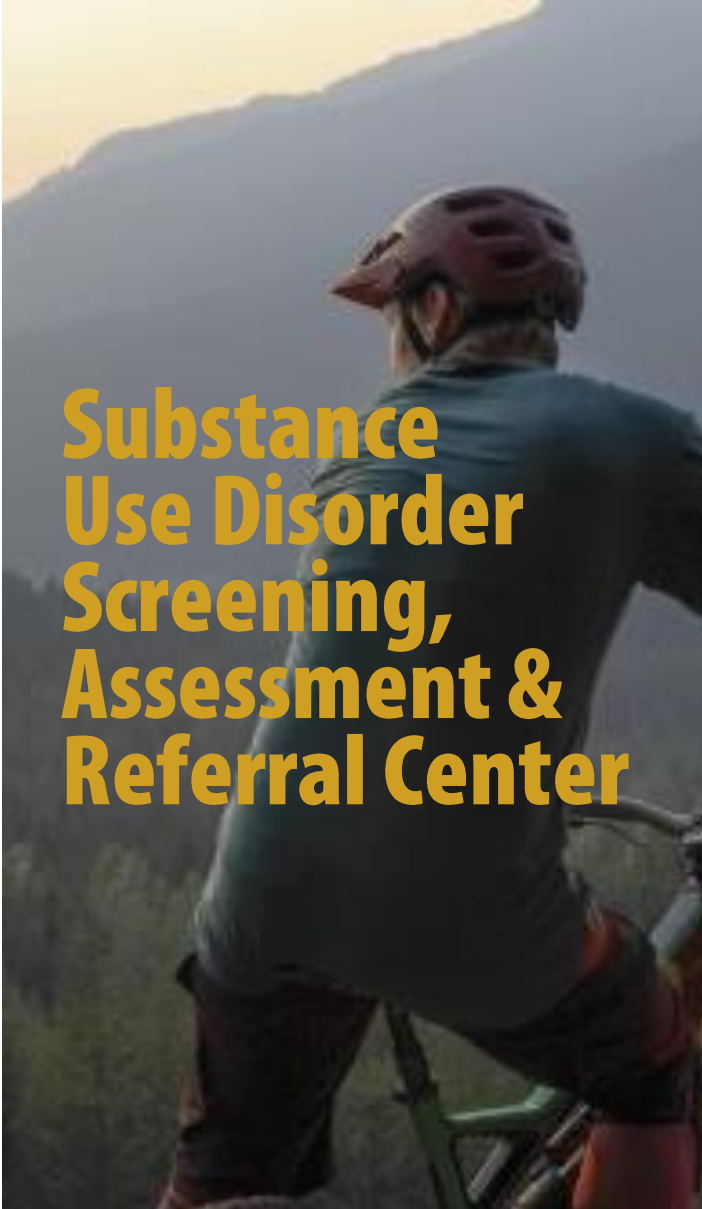
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[www.SBCounty.gov/dbh](http://www.SBCounty.gov/dbh)

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Rev. 6/20



# Substance Use Disorder Screening, Assessment & Referral Center

**BEHAVIORAL HEALTH**

## What is SARC?

The Screening, Assessment and Referral Center (SARC) is a confidential, free, 24-hour-a-day, 365-day-a-year phone line for youth, adults and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

## What happens when I call the SARC?

When you call the SARC, you are connected with a San Bernardino County Dept. of Behavioral Health (DBH) staff member who will ask you questions about your drug and/or alcohol use to help determine the best treatment options to meet your needs. Your answers are confidential.

You'll be provided with options for treatment or referrals to other supportive services. If you agree to treatment, our staff member will help coordinate next steps with one of our provider agencies. Treatment providers are located throughout San Bernardino County.



## What kind of treatment services are available?

- Adult Outpatient Treatment
- Medication Assisted Treatment
- Narcotic Treatment
- Perinatal services for pregnant and parenting women with young children up to age 10
- Recovery Centers
- Residential Centers
- Youth Outpatient Treatment
- Withdrawal Management (Detoxification)

## Do I need health insurance to receive services?

Assessments are provided at no-cost. Services are provided at no-cost to individuals who have Medi-Cal and/or those without health insurance. We also accept referrals from CalWORKS, Children and Family Services and Probation. Even if you have private insurance, call us and we can help guide you on how to access your healthcare.

