



INLAND EMPIRE HEALTH PLAN

Sudden Cardiac Arrest (SCA) & Sudden Cardiac Death (SCD) Screening

- SCA and SCD screening should be performed for all children (athlete or not) at the same time as the Pediatric Physical Examination or at a minimum of every 3 years or on entry into middle or junior high school and into high school.
- AAP recommended 4 questions directed toward SCA and SCD detection for which a positive response suggested an increased risk for SCA and SCD

A positive response from the 4 questions below or an abnormal ECG should prompt further investigation that may include referral to a pediatric cardiologist or pediatric electrophysiologist.		
1. Have you ever fainted, passed out, or had an unexplained seizure suddenly and without warning, especially during exercise or in response to sudden loud noises, such as doorbells, alarm clocks, and ringing telephones?	<input type="radio"/> Yes	<input type="radio"/> No
2. Have you ever had exercise-related chest pain or shortness of breath?	<input type="radio"/> Yes	<input type="radio"/> No
3. Has anyone in your immediate family (parents, grandparents, siblings) or other, more distant relatives (aunts, uncles, cousins) died of heart problems or had an unexpected sudden death before age 50? This would include unexpected drownings, unexplained auto crashes in which the relative was driving, or SIDS.	<input type="radio"/> Yes	<input type="radio"/> No
4. Are you related to anyone with HCM or hypertrophic obstructive cardiomyopathy, Marfan syndrome, ACM, LQTS, short QT syndrome, BrS, or CPVT or anyone younger than 50 years with a pacemaker or implantable defibrillator?	<input type="radio"/> Yes	<input type="radio"/> No

<input type="radio"/> HIGH Risk needs prompt further investigation	<input type="radio"/> LOW Risk
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Provider Name: _____ Provider Signature: _____ Assessment Date: _____	Patient Name: _____ Date of Birth: _____
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References:

<https://www.aap.org/en/news-room/news-releases/aap/2021/american-academy-of-pediatrics-all-children-should-be-screened-for-potential-heart-related-issues/>

<https://publications.aap.org/pediatrics/article/148/1/e2021052044/179969/Sudden-Death-in-the-Young-Information-for-the>

<https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-017-MRR-Standards.pdf>